Federal regulations have been issued to help health plans, employers, and other payers implement historic mental health and addiction parity legislation (the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act). See [http://edocket.access.gpo.gov/2010/pdf/2010-2167.pdf](http://edocket.access.gpo.gov/2010/pdf/2010-2167.pdf). The regulations will play a critical role in providing guidance to all constituencies affected by the law.

The National Association of Psychiatric Health Systems (NAPHS) has organized a four-hour training on compact disc specifically for the clinical and administrative leadership of behavioral healthcare organizations. This training brings together a faculty of some of the most informed and thought-provoking leaders in the industry to discuss the requirements of the interim final regulations, to identify the questions that still need to be answered, and to outline the opportunities these regulations present for the mental health community. Hear the lead staffer from the U.S. Department of Health and Human Services discuss the thinking that went into taking the statute from law to regulation—and the areas that still need to be clarified. Hear the former head of Magellan talk about the quantitative and non-quantitative treatment limitations and their comparability to medical/surgical benefits. Hear a highly regarded actuary talk about the importance of understanding medical/surgical benefits packages as a basis for determining mental health parity. Hear a lively discussion among representatives of a major insurance plan, the American Psychiatric Association, a national healthcare benefits consultant, the National Alliance on Mental Illness, and NAPHS representing hospitals and residential treatment centers as they outline the challenges and opportunities the parity regulations present as a vehicle for truly moving mental healthcare on par with medical surgical care.

**FACULTY:**
- **Mark Covall**, president/CEO, National Association of Psychiatric Health Systems, Washington, DC
- **Richard G. Frank**, PhD, deputy assistant secretary for Policy and Evaluation, Office of Disability, Aging and Long-Term Care Policy, U.S. Department of Health and Human Services
- **Henry Harbin**, MD, independent consultant, former CEO, Magellan Health Services
- **Stephen P. Melek**, FSA, MAAA, consulting actuary, Milliman
- **Irvin L. (Sam) Muszynski**, director of healthcare systems and financing, American Psychiatric Association
- **Douglas Nemecek**, MD, MBA, senior medical director, Cigna
- **Joan Pearson**, PhD, independent healthcare consultant; formerly principal, Towers Perrin’s Health and Welfare Benefits Practice
- **Andrew Sperling**, director, federal legislative advocacy, National Alliance on Mental Illness, Arlington, VA

**MODERATOR:**
- **Jeri Davis**, president, Jeri Davis International Healthcare Consultants and Recruiters (JDi)

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