

CHADD PARENT TO PARENT CLASSES **2009-2010**



Parent to Parent: Family Training on AD/HD

Sponsored by CHADD OF Northern California

A Seven-Session Interactive and Educational Program for
Adults and Parents of
Children and Adolescents with AD/HD

PURPOSE: This workshop series will provide educational information and support for families who are dealing with AD/HD and learning to navigate the challenges of AD/HD across the lifespan.

Tuesday evenings Time: 7 - 9 PM (sharp)

Sessions for the 2009-2010 school year will begin in August

1st series starts Aug. 18, 25, Sept. 1, 8, 15, 22, 29, 2009

2nd series starts Oct. 20, 27, Nov. 3, 10, 17, 24, Dec. 1, 2009

3rd series starts Jan. 5, 12, 19, 26, Feb. 2, 9, 16, 2010

4th series starts Mar. 9, 16, 23, 30, April 6, 13, 20, 2010

5th series starts May 11, 18, 25, June 1, 8, 15, 22, 2010

Missed sessions are available during a future series

Location:

710 South Broadway, Walnut Creek, #3B
Kaiser Mental Health, behind Nordstrom
(The building next to Safeway on corner of Mt. Diablo Blvd)

CONTACT: Judy Marshall/Donna Love
510-352-2103 judymarshall@comcast.net
925-687-4324 Donna Love adhdstrategies@earthlink.net

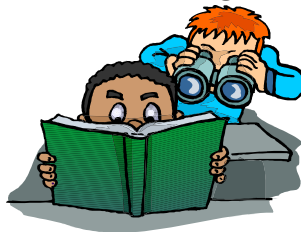
Parent to Parent: Family Training on AD/HD

This unique program will include seven two-hour interactive (group participation) sessions that will cover the following topics:

1. Overview of AD/HD
2. Assessment to Multi-Modal Treatment
3. Developing Parenting Strategies & Positive Behavior Interventions- Behavior Management, Part I
4. Strengthening Family Relationships-Behavior Management, Part II
5. Educational Rights for Your Child with AD/HD
6. Building an Education Team: Bridging the Gap between Home and School
7. Resiliency, Teen Challenges and Future Success

**THIS PROGRAM INCLUDES A COMPREHENSIVE
RESOURCE HANDBOOK!**

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Parent to Parent: Family Training on AD/HD

Confidential Application

Name: _____

Address: _____

Phone _____ Email: _____

Names of parents/guardians attending **all** sessions (max 3 people / family)

(1) _____ (2) _____ (3) _____

Cost for members: \$100.00 _____ Cost for Non-members: \$145.00 _____

Membership for 1 year to CHADD cost \$45.00, if you would like \$45.00 of your non-member fee to go toward membership please check >>>Yes _____

Send check or money order to: **CHADD of Northern California**
C / O Judy Marshall
369 Santa Paula
San Leandro CA 94579

Contact numbers: Judy Marshall 510-352-2103

Donna Love 925-687-4324

email addresses: judymarshall@comcast.net

Donna Love: adhdstrategies@earthlink.net

- 1 Each family will receive a comprehensive handbook
- 2 This course is limited to 13 couples (3 people per family).
- 3 So please have your application back to us **ASAP**

4 **You will be contacted regarding your enrollment in the course after we receive your application.**

1. Age of child or children/ teen(s) with AD/HD: Name: _____ Age: _____
Name: _____ Age: _____ Name: _____ Age: _____

2. List two things you would like to get out of this program

(1) _____
(2) _____

3. Does your child have an educational plan at school? an IEP? _____ a 504 Plan? _____